

Saint Anthony of Padua Parish

With the Eucharist at the centre, we are a community desiring to be saints, sent out to love like Jesus and proclaim Him in every circumstance.

FIRST SUNDAY OF LENT

MARCH 10, 2019

Only Jesus Truly Satisfies Us

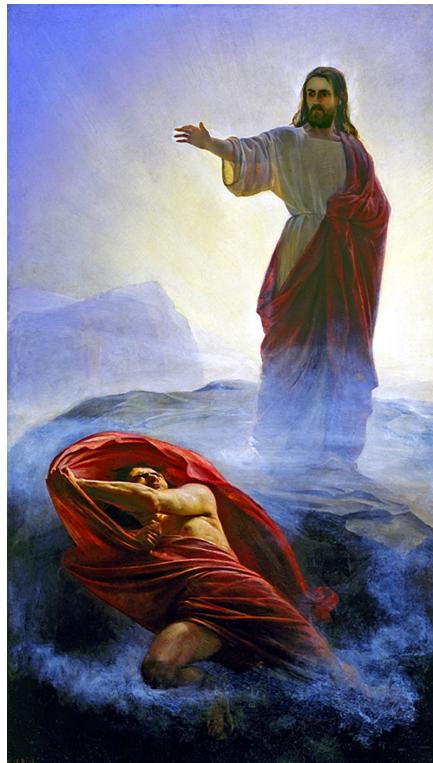
The Gospel today says, “Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil” (Lk 4:1-2). The catechism comments on this saying that Jesus enters into a “time of solitude” (CCC 538). Solitude is very important in life because this is where we encounter God and His voice, where we face our fears and discover our true self, where we can sort through the clutter of our life and see God’s priorities.

40 days, as many of us know, has great significance in the Bible: 1) In Genesis, the flood that Noah had to avoid lasted 40 days (Gen 7:4,17); 2) Moses received the Ten Commandments after being on Mt. Sinai for 40 days (Ex 34:28); 3) How long were the Hebrew people wandering in the desert? 40 years (Dt 8:2). Here are a few others: 4) The spies’ inspection of Canaan: 40 days (Num 14:34); 5) Israel’s oppression by the Philistines: 40 years (Judg 13:1); 6) Elijah’s fasting: 40 days (1 Kg 19:8); 7) Nineveh’s opportunity to repent at the preaching of Jonah: 40 days (Jon 3:4). So, 40 is the number of probation and testing (Ignatius Catholic Study Bible, 113).

We are now in a period of 40 days: Lent. Lent starts on Ash Wednesday, goes for six weeks, and ends on Easter Sunday. If we subtract the six Sundays of Lent, that gives us 40 days of penance and renewal, back to the basics, clearing away the junk in our lives and focusing on the deeper satisfaction. “He ate nothing at all during those days, and when they were over, he was famished” (Lk 4:2). Fasting means letting go of something good for something better; we let go of food to remember that God is our spiritual food—this is what we need! “The devil said to him, ‘If you are the Son of God, command this stone to become a loaf of bread.’ Jesus answered him, ‘It is written, “Man does not live by bread alone”’” (Lk 4:3-4). There are two things we can say about this:

1) We’re always tempted by the devil, our culture and ourselves to satisfy our wants, not our needs. Of course, in Jesus’ case, His hunger is a legitimate need, but He forsakes even this need to teach us that we have a deeper need, for God. In our case, when we fast, we’re giving up wants for that which really satisfies us. [...] Jesus is saying: “No! Man does not live by bread alone!”

2) If man doesn’t live by bread alone, what does he live by? “By every word that proceeds from the mouth of God” (Mt 4:4). It’s God’s word that satisfies. [...] And remember what St. John’s Gospel calls Jesus? We heard it at Christmas. “In the beginning was the Word, and the Word was with God, and the Word was God” (Jn 1:1). Jesus is the Word that satisfies! That’s the point of the homily.



Jesus Tempted by Carl Heinrich Bloch

When we encounter Jesus, possess Him, are loved by Him and love Him in return, then we’re satisfied. Isn’t it interesting that He gave Himself to us under the form of bread, in the Eucharist? He took that appearance to remind us that He’s the one who satisfies us, not bread or things. Here are four suggestions to receive the satisfaction Jesus offers:

First, the desert fathers, who were the earliest Christian hermits and monks, talked about going into the desert with Jesus. Why? To receive clarity, answers to questions, or to overcome a problem (Douglas Burton-Christie, *The Word in the Desert*, 198). They simplified, got rid of distractions, and spent time alone with Jesus. [...]

Second, at Mass, during Lent, we’re going to simplify things: At the end of Mass, we won’t have a recessional hymn, but the servers, Deacon and I will process out in silence. During that time, we might start getting antsy, but we’re going to resist the temptation to leave early. Instead, we’re going to go deeper into prayer, and practice

gratitude! We have just received Jesus in His word, and perhaps in Holy Communion. We all must learn not to leave Mass early, to be the first to get to our car, but to wait in patience, build up that virtue, and learn to love silence. Silence is where we encounter God and our true selves. We’ll also limit the amount of the organ at Mass during Lent.

Third, and this is a fun one: How can we change our homes to make it more Christ-centered? Cleaning your house, because God is a God of order. [...] See also if our homes express that Jesus is the centre of our lives. The saints put things in their rooms that would help them focus on God! My bedroom doesn’t have a lot of stuff, because simplicity helps me to pray and relax, but I chose my favourite religious painting because it expresses my spirituality. What’s your spirituality? Express it! A crucifix, some candles, print out one of your favourite images of Jesus or a saint.

Fourth, because we’re talking about priorities and excess, let me remind you why we’ve spent money to beautify the Mass, why someone bought this monstrance for us, the new processional cross, and why we are donating ten percent of our collection to the works of charity, etc. Some people argue that all our money should go to the parish centre. But I believe that’s incorrect theologically and financially. Theologically, God and His teachings come first. The Mass is the most important thing we do. The Eucharist, as we talked about a month ago, is the source and summit of our lives. And

...continued inside

Pastor: Fr. Justin Huang Blog: thejustmeasure.ca
Deacon: Andrew Kung deaconandrewrcav@gmail.com
Priest in Residence: Fr. Pierre Leblond plb.op272@gmail.com

Address: 8891 Montcalm St., Vancouver BC V6P 4R4
 Mailing Address: 1345 West 73rd Ave., Van., BC V6P 3E9

Tel 604.266.6131
 Hours Tuesday—Friday
 9:00 am—12:00 noon
 1:00 pm—3:00 pm
 In case of emergencies,
 please call the office anytime.

Web: stanthonyvan.com
Email: office@stanthonysvancouver.org

St. Anthony of Padua School

Kindergarten to Grade 7
 1370 West 73rd Avenue,
 Vancouver, BC V6P 3E9
 Principal: Mr. Michael Perry
 Telephone: 604.261.4043
 Website: stanthonyofpaduaschool.ca
 School Email: office@stanthonyofpaduaschool.ca

Parish Registration

Our parish family warmly welcomes new parishioners.
 Please register by filling out a registration form located in the vestibule or the Parish Office. If you are registered and moving, please advise the parish office.

Sunday Masses

Saturday	5:00 pm
Sunday	8:00 am, 10:00 am, 12:00 pm

Weekdays

	Masses	Confessions
Monday	8:15 am	8:00 to 8:10 am
Tuesday	7:30 pm	
Wednesday & Thursday	8:15 am	8:00 to 8:10 am
Friday	8:00 am	7:45 to 7:55 am
Saturday	9:00 am	9:45 am

Confession

Saturday afternoon	3:45 pm to 4:45 pm
1 st Saturday each month	9:45 am to 1:00 pm; 1:30 pm to 4:30 pm; 7:00 pm to 9:45 pm

Eucharistic Adoration enter at 1365 West 73rd Avenue
 Tuesday to Friday: 9:00 am to 10:00 pm
First Saturday of each month: 9:30 am to 9:30 pm in the church during all-day confessions.
First Friday of each month: 8:45 am to 10:00 am in the church followed by **Benediction**.

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Please call the parish office for more information on RCIA classes and other Sacraments.

Weekday Masses & Intentions

Day	Feast or Memorial	Missal Page	Intention
Mon., Mar. 11	Ferial	146	Natasha Peters †
Tues., Mar. 12	Ferial	149	Kwok Leung Fu
Wed., Mar. 13	Ferial	152	Albert Harve †
Thurs., Mar. 14	Ferial	154	Aida & Marcelo Lescano †
Fri., Mar. 15	Ferial	157	Florentine de los Santos †
Sat., Mar. 16	Ferial	159	Simon Scully

Prayers for the Sick At Holy Mass we remember the sick including:
 Nita Carvajal, Nung Chum, Isobel Clancy, Nick De Vos, Tamara Dixon, Elaine dos Remedios, Kathleen Francis, Teresa Gaio, Feli Hempl, Cecile Hernandez, Yvonne Kharoubeh, Molly Loui-Ying, Huguette Piché, Ron R., Barney Rousseau, Therese Rozario, Christina Sayo, Liliana Taylor, Fernando Tiago, Cynthia Wing, Theresa Yoshioka.

New policy for booking Mass Intentions

In an effort to give more people a chance to book Masses for loved ones and deceased individuals, a new policy has been introduced. Mass intentions can now be booked in two phases: 1) January to June and 2) July to December. Bookings for phase 2, started on **Tuesday, March 5**. All bookings must be made in person at the Parish Office. Please call Angel at 604.266.6131 ext. 204 for more information on the new policy.

Upcoming Homily Themes

March 16 & 17

What to Do When We're Feeling Far from God



March 23 & 24

God Wants Us to Feel at Home

March 30 & 31
Is Being a Good Person Enough to Get into Heaven?

ANNOUNCEMENTS



...continued from cover

people spend money on what's important to them. If we spend money first on buildings then evangelization and those in need, that means buildings are more important to us. The reason why most parishes are dying is because they focus on maintaining things rather than spiritual growth! Does God need these liturgical things? No, but He deserves them. [...] Financially, isn't it interesting that we've raised more money than ever before? We spent all this money on the confessionals, on the chapel, and people offered to pay for them; we spent money on the air conditioning, and look what happened. God gave us more. Why? Because, when people put Him first, do His mission, He supplies the resources. So, please understand why we will continue to prioritize spending money on evangelization, spiritual growth, the Mass, and on works of mercy. Believe me, I want this parish centre, and I believe God does too. The fastest way to get there is to focus and spend money on the right things. [...]

Do we truly believe that Jesus, the Eucharist, is our satisfaction? Let me tell you this. I listened to a talk by Betty Brennan, one of the talks at our Lighthouse Media stand. She was a good Catholic: went to Mass, didn't have many questions and wasn't too involved in the Church. But when her daughter was born with a terminal brain disease and died two years later, she had a tremendous anger towards God.

At the orchestra at which she played, four of the members were Satanic priests, and one of them invited her out

REMINDERS FOR LENT

- ◆ **Stations of the Cross:** Tuesday evenings, starting March 12 at 7:00 pm.
- ◆ **NOTE:** All Fridays during Lent are days of abstinence.

School Announcements



Parent Enrichment Talk
with family counsellor, Dr. Deborah McNamara
7:00 pm—8:30 pm, April 10, 2019

A live-in weekend at **Seminary of Christ the King** in Mission will take place April 5 to 7. The weekend is for young men and boys who are interested in the priesthood or religious life. High school aged boys can pick-up an application from at the Welcome Booth or the Parish Office, or email frpeterosb@gmail.com. Young men in Grade 12 and those who have graduated high school are asked to contact the Rector, 604.826.8715 or rector.majors@yahoo.ca. For more information, please visit vocationsvancouver.ca/events/pray-and-play/.

every night for coffee and allowed her to share her brokenness. That's how she got involved in Satanic rituals and worshipping the devil.

But, one time her friend, Pat, invited her to a healing Mass. She went and made the lights go out, then the candles go out. Sometime later, Pat said, "You know, I go other times to this place, and nothing happens. Only when you're here. And you act very strange. You become terrified. You break out into a sweat, and did you ever notice: You stay at Mass at the beginning and then you take off?" So, during one Mass, when she went out, she knocked over a priest, and he went after her. He realized there was something else going on, and said, "Who are you, in the name of Jesus?"

The deliverance from the devil took a year and a half, receiving the Eucharist many times, and spending time with the Eucharist. Here's the key point she teaches: Satanists know the value of the sacraments, they're terrified of the power of the sacraments. She says if we had a real witch here and 2000 hosts and one consecrated, that witch would be able to tell which one was consecrated, which is the Body, Blood, soul and divinity of Jesus Christ (Betty Brennan, Former Satanist Becomes Catholic).

I've never forgotten that story. Our enemies know the reality and power of the Eucharist. We should know it too! But the difference will be that we love the Eucharist like Betty! Yes, Jesus is truly present in the Eucharist, and He is our deepest joy and satisfaction.

- excerpt from Fr. Justin's homily, March 10, 2019

Please support these advertisers; they support us.

**RUBEN LIGHTING &
BUILDING MAINTENANCE**

*Quality, dependable service * 100 % satisfaction guaranteed * Licensed, bonded & insured *

For your complete lighting, cleaning & building maintenance requirements, call Ruben at **(604)722-1269**

**SHEILA CARROLL, BGS, MA
ENGLISH TEACHER**

Experienced teacher of the BC high school senior English curriculum for grades 10, 11, and 12. I offer help with finding meaning in poetry, stories, novels and Shakespeare.

Available to tutor in my home near St. Anthony's where I am a parishioner (Marpole/one block east of Granville). Fee: \$50 an hour; may be split between two students in the same grade or two in the same family.

604-261-1584 scarroll3@shaw.ca / sheilamcarroll3@gmail.com

Welcome po ang mga Filipino!

**Fortune
VISION CENTRE**

GUCCI VERSACE Ray-Ban
PRADA OAKLEY
VALENTINO TORY BURCH D&G

8269 Granville Street, Vancouver, BC V6P 4Z6

- We carry wide selection of branded frames and sunglasses
- Direct billing for many private insurance plans.
- Independent Optometrist available for eye exams
- EYE EXAMINATION by appointment.

Let me show you how a mortgage with RBC can save you money.

Jennifer Barcelona
Mobile Mortgage Specialist
604-369-8050
jennifer.barcelona@rbc.com

Let's Make Someday Happen!

All personal lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. * /™ Trademarks of Royal Bank of Canada. 46000 (02/2019)

GRANVILLE DENTAL WELLNESS GROUP
604-261-8164
8357 Granville Street, Vancouver, BC

SUPPORT THE ST. ANTHONY'S BUILDING FUND

Family Dentistry - Cosmetic Dentistry - Implant Dentistry - Children's Dentistry - Orthodontics - Wisdom Teeth - Dentures - St. Anthony's Parishioner Promotions

HAVE A NEW PATIENT EXAMINATION AND HYGIENE APPOINTMENT DONE AND HAVE \$50 DONATED TO ST. ANTHONY'S PARISH CENTRE FUND IN YOUR NAME!!

- Open weekday evenings and Saturdays
- Comfortable treatment in a modern facility
- Serving Marpole for over 25 years
- Dr. Gianni Pisanu, Owner & St. Anthony's Parishioner

WestCoast Realty
7547 Cambie St.
Vancouver, BC V6P 3H6

For St. Anthony's Parishioners,
I will donate 15% of my commission on your transaction to the St. Anthony's Parish Centre Fund. Let's support the parish through our business together.

www.MichaelDee.ca 604-767-1583 mdee@sutton.com

MICHAEL DEE

This communication is not intended to cause or induce breach of any existing agency agreement.

Licensed & Insured Communications Data / Voice Cabling

Edmond Kung
Certified Electrician
Red Seal #74603

NETek
Technology Ltd.

T: 604.210.9011
A: Unit 113-2633 Viking Way
Richmond BC V6X 8B6
C: 604.788.6188
E: edmond@netekcanada.com
www.netekcanada.com

Electrical Security / Cameras Monitoring Access Controls

THE CATHOLIC WOMEN'S LEAGUE
ST. ANTHONY OF PADUA PARISH

SERVING WITH FAITH AND JOY

We would like to invite the ladies of the parish to become members of the CWL. Meetings are normally held the 1st Saturday of the month at 10:00A.M. For more information, please email Ai-Lin aleng@shaw.ca

Raincoast Funeral and Cremation Services Ltd.
Local, Independently Owned and Operated
Compassionate Professional Affordable

Arrangements in your home
or at our offices:
173-628 E. Kent Avenue South, Vancouver, BC

Call us
24 hours a day
604-326-1454

info@raincoastfs.com Michelle J. Vizena
Co-Owner
Licensed Funeral Director
Good Shepherd Parishes

www.raincoastfs.com

**KNIGHTS
OF COLUMBUS**
ST. ANTHONY OF PADUA COUNCIL 14925

We are men of faith and men of action.

FOR MORE INFORMATION, PLEASE EMAIL
Hadi Susanto, Grand Knight
cjsanto81@yahoo.com

**Homeland
REALTY**

Emmery Leung B.A.
Licensed REALTOR
Residential / Commercial
604.728.7170
emmeryleung@hotmail.com

**LANGLEY
GOLDKEY** ISUZU TRUCK

19545 Langley Bypass
Surrey
604.534.7431

www.goldkey.ca
Sales. Service. Parts. Body Shop. Fleet and Lease.



5955 Collection Dr
Langley
604.539.0255

Serving Our Catholic Community Since 1908

**Kearney
FUNERAL SERVICES**

Vancouver Chapel
450 West 2nd Ave.
604-736-0268

"We believe locally-based, Family owned funeral homes are an important part of any community. We are honoured to carry forward our 111 year legacy of care. Serving the Lower Mainland from four convenient locations."

Cedargreen Painting

- Residential & Commercial
- Condos & Townhouses
- Interior & Exterior
- Fences & Garages
- Free Estimates
- 10% Seniors Discount

Call Joseph at **604.263.7502**

GARDENS OF
Gethsemani Catholic Cemeteries
Archdiocese of Vancouver

Peace starts with an appointment

604-531-2141 / rccav.org

Michael (Kearney) Crean
Funeral Director/Owner

www.KearneyFS.com