

# Saint Anthony of Padua Parish

With the Eucharist at the centre, we are a community desiring to be saints, sent out to love like Jesus and proclaim Him in every circumstance.

FIFTH SUNDAY IN ORDINARY TIME

FEBRUARY 10, 2019

## Our parish's plan for growth

In the Gospel today, Jesus has a plan for spiritual growth. The Gospel's about Jesus' call of St. Peter, how it starts as an ordinary day and then leads to a new life and mission. The first thing we need to know by reading the Bible attentively is that this isn't the first time Jesus and St. Peter met. In St. Luke's Gospel, Jesus had already been to Peter's house and healed his mother-in-law. What does this tell us? It's "within the context of an existing friendship that Jesus issues the invitation to deeper discipleship" (Daniel Mueggenborg, *Come Follow Me, Year C*). Jesus always starts with loving us—that's why He came. And through loving us, He invites us to love Him in return.

After starting that relationship with Peter, Jesus deepens it, and Bishop Mueggenborg of Seattle sees three steps: 1) "While Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake... Jesus got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat" (Lk 5:1-3). Jesus starts with "a low-risk temporary borrowing of Peter's resources, that is, using his boat" to teach the crowds. 2) After the teaching, He asks for more trust, by directing Peter's profession: "When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.' Simon answered, 'Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets'" (Lk 5:4-5). Peter's a fisherman. What's Jesus profession? A carpenter. So Jesus is asking for greater trust in someone who doesn't seem to be an expert, and also since the previous night's fishing was useless. 3) "When they had done this, they caught so many fish that their nets were beginning to break... Simon Peter and all who were with him were amazed at the catch of fish that they had taken... Then Jesus said to Simon, 'Do not be afraid; from now on you will be catching people.' When they had brought their boats to shore, they left everything and followed Jesus" (Lk 5:6,9-11). Now Jesus asks Peter to be a disciple, to leave everything and follow Him and to help others become disciples. It started with a simple request for trust, and then increased.

Jesus had a plan! One famous book says that Jesus had these eight principles or steps in forming his disciples (Robert E. Coleman, *The Master Plan of Evangelism*): Selection, association, consecration, impartation, demonstration, delegation, supervision, and reproduction. So it's our duty to discern His plan for us here. And here it is: There are two parts to it: **1) Our Weekly Bread;** **2) Our Formation Loop.**



**1) The Weekly Bread** consists of Sunday Mass, adoration, and Confession. These are foundational spiritual habits for our spiritual life. We all have weekly habits that keep us healthy, like exercise, time with family and friends, maybe showering. The Weekly Bread involves the sacraments, where we meet Christ in the most real way. The Church teaches that "the Eucharist is 'the source and summit of the Christian life.' 'The other sacraments, and indeed all ecclesial ministries and works of the apostolate... are oriented toward it. Everything we do, baptisms, pancake breakfasts, the school, evangelization, etc. is meant to lead us to Jesus in the Eucharist. Why? For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself" (CCC 1324). Sunday Mass is the foundation of the Christian life. Early Christians met every

Sunday to honour Christ's Resurrection (CCC 2174-78). This is where we receive Jesus, but also where we try to nourish our community from and through God's Word. In your pews, you have a page that outlines the topics we've covered in the past year. This shows how much we've covered theologically but also practically. This is also where we support each other spiritually.

Jesus calls all of us to have a Eucharistic heart. From 2006 to at least 2017, an anonymous Benedictine monk wrote down all the words that Jesus spoke to Him—what we call 'locutions.' In one locution Jesus said He was grieved that churches are locked, because it stops people from visiting Him, and He blamed the priests! He said, "I am your food... in this Sacrament of My love, but I am also your companion. The Eucharist is the Sacrament of My divine friendship... I want the visit to the Blessed Sacrament to become once again a part of ordinary Catholic life, an instinct of the believing heart, and expression of gratitude and reparation to Me who am forsaken" (*In Sinu Jesu*). What I'm suggesting is that we all commit to 15 minutes a week of adoration in the chapel, so that it becomes a life-giving routine.

I don't know if everyone can go to Confession weekly, but as we've said before, we do encourage monthly. Why? Because that's usually the amount of time it takes for our consciences to become dull. But monthly Confession constantly renews us and keeps us spiritually sharp. Fr. Pierre has been so generous by now hearing Confessions whenever he can on Sundays. I believe this is a sign that God's offering us Confession more and He wants us to take advantage of it.

If we make these three habits regular, Mass, Confession, and adoration, then we won't even have to think about them but just keep on growing deeper and deeper.

...continued inside

**Pastor:** Fr. Justin Huang *Blog: thejustmeasure.ca*  
**Deacon:** Andrew Kung *deaconandrewrcav@gmail.com*  
**Priest in Residence:** Fr. Pierre Leblond *plb.op272@gmail.com*

Address: 8891 Montcalm St., Vancouver BC V6P 4R4  
 Mailing Address: 1345 West 73<sup>rd</sup> Ave., Van., BC V6P 3E9  
 Tel 604.266.6131  
 Hours Tuesday—Friday  
 9:00 am—12:00 noon  
 1:00 pm—3:00 pm  
 In case of emergencies,  
 please call the office anytime.  
 Web: *stanthonyvan.com*  
 Email: *office@stanthonysvancouver.org*

**Parish Registration**

Our parish family warmly welcomes new parishioners. Please register by filling out a registration form located in the vestibule or the Parish Office. If you are registered and moving, please advise the parish office.

**Sunday Masses**

Saturday 5:00 pm  
 Sunday 8:00 am, 10:00 am, 12:00 pm

**Weekdays**

	<b>Masses</b>	<b>Confessions</b>
Monday	8:15 am	8:00 to 8:10 am
Tuesday	7:30 pm	
Wednesday & Thursday	8:15 am	8:00 to 8:10 am
Friday	8:00 am	7:45 to 7:55 am
Saturday	9:00 am	9:45 am

**Confession**

Saturday afternoon 4:45 pm to 4:55 pm  
 1<sup>st</sup> Saturday each month 9:45 am to 1:00 pm;  
 1:30 pm to 4:30 pm;  
 7:00 pm to 9:45 pm

**Eucharistic Adoration** enter at 1365 West 73<sup>rd</sup> Avenue  
 Tuesday to Friday: 9:00 am to 10:00 pm

**First Saturday of each month:** 9:30 am to 9:30 pm in the church during all-day confessions.

**First Friday of each month:** 8:45 am to 10:00 am in the church followed by **Benediction**.

**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Please call the parish office for more information on RCIA classes and other Sacraments.

**St. Anthony of Padua School**

Kindergarten to Grade 7  
 1370 West 73<sup>rd</sup> Avenue,  
 Vancouver, BC V6P 3E9  
 Principal: Michael Perry  
 Telephone: 604.261.4043  
 Website: *stanthonyofpaduaschool.ca*  
 School Email: *office@stanthonyofpaduaschool.ca*

**Weekday Masses & Intentions**

Day	Feast or Memorial	Missal Page	Intention
Monday, February 11	Ferial	484	Amado Illomin †
Tuesday, February 12	Ferial	486	Peter Ma †
Wednesday, February 13	Ferial	489	Farrah Chan †
Thursday, February 14	Memorial St. Cyril & St. Methodius	490	Bernard Hazelton †
Friday, February 15	Ferial	492	Agnes Ang
Saturday, February 16	Ferial	494	Alicia & Jose Laguio †

**Prayers for the Sick** At Holy Mass we remember the sick including: Nita Carvajal, Nung Chum, Isobel Clancy, Nick De Vos, Tamara Dixon, Elaine dos Remedios, Kathleen Francis, Teresa Gaio, Feli Hempl, Cecile Hernandez, Yvonne Kharoubeh, Molly Loui-Ying, Huguette Piché, Barney Rousseau, Therese Rozario, Christina Sayo, Liliana Taylor, Fernando Tiago, Theresa Yoshioka.

**Upcoming Homily Themes**

February 16 & 17  
*Guest Preacher:*  
**Deacon Felix Min**



February 23 & 24  
*How to Love Those Who Hurt Us*

March 2 & 3  
*The Fruits of the Eucharist*



# ANNOUNCEMENTS



**Wednesday, March 6 to Sunday, April 14** Take part in this campaign by committing to an hour to stand vigil at West 32nd Avenue and Willow Street, by BC Women's Hospital. Our parish has designated 4 days: Thursday, Mar. 7, Friday, Mar. 8, Saturday, Mar. 9 and Sunday, Mar. 10 to participate in the vigil. You can sign up for an hour on any one of these days by filling out one of the cards in the pews or calling the Parish Office.



**Changing Minds & Saving Lives: Becoming an Effective Pro-life Ambassador on Saturday, February 16 at 10:00 am in the Church Hall**

For over 30 years, abortion has been legally unrestricted in our country, and the lives of millions of Canadian children have been ended as a result. As Catholics, it is our God-given duty to respond to this crisis. Join **Cameron Côté**, Western Outreach Director for the **Canadian Centre for Bio-Ethical Reform**, as he explains how you can be a part of the movement to end the killing. He will discuss the history of abortion in Canada, how the pro-life movement is responding, how to have compassionate and compelling conversations about abortion, and how you can make a difference locally, provincially and nationally. The workshop will be followed by the opportunity to put this invaluable training into action by registering for pro-life outreach as well as the 40 Days for Life project.

**Holy Hour for Healing and Justice (Sexual Abuse Crisis)** with prayers and scripture readings, **Thursday, February 21, 7:30 – 8:30 pm** at St. Anthony of Padua church.



**Letter Writing Campaign regarding sex abuse scandal.** Pope Francis will meet with heads of 114 national Catholic bishops' conferences and dozens of experts and leaders of religious orders at the Vatican from February 21-24 to discuss "protection of minors," and the "prevention of abuse of minors and vulnerable adults." Representatives from our diocese will be attending, and have agreed to bring letters from parishioners who wish to express their thoughts on this issue. The letters will be presented to the Holy Father at this meeting. If you would like to send a letter to Pope Francis, please submit it to the Parish Office, by noon on Thursday, February 14th.

## School Announcements

**Grandparents' Tea**  
Church Hall  
Wednesday, February 13  
9:30 am

**ATTENTION PARISH SENIORS:**  
You are warmly invited to attend the annual Grandparents' Tea hosted by the school's Grades 3 & 6 classes.  
We hope to see you there!

**Parent Enrichment Talk**  
"How to Survive in Marriage While Raising Children"  
Church Hall  
Wednesday, February 20  
7:00 pm—8:30 pm  
Parents from the school and parish are welcome to attend!

...continued from cover

**2) The Formation Loop** starts with Alpha for 12 weeks. Once someone experiences it, we encourage them to go to Faith Studies, where they go through five levels of further spiritual growth and training, for a total of 36 weeks, which takes us deeper into the Bible and challenges us more, and this gives us the foundation of being a disciple of Jesus. After that, we do the Marian consecration, which teaches us a deeper form of prayer, introduces us to our Mother, because we can't have Jesus as our brother without Mary as our mother. After that, one of our parishioners, Dexter, will start our Bible study, *Journey Through Scripture*, which has six levels. [...]

But here's the thing, if someone starts with Alpha, God may call them right away to join the team and go through it again as a helper, so they loop back and help form others, and so the team grows. Or, if someone has the gifts to lead Faith Studies, they'll be invited to lead and will loop back. This is the genius of the loop: It's designed to form future leaders because the best way to learn is to teach.

Now let's say someone started with Marian consecration, has led it, and loves it—great! But, eventually, this person should raise up other leaders, and for his or her formation, should loop back to another program, not only to learn (because there's always something to be learned), but to understand how to teach others. For example, Alpha isn't just

good to learn about the big issues of the Faith, but a place to experience authentic Christian community and how to share our faith effectively with others.

The loop allows multiple entry points and allows us all to grow in stages. We'll expand the loop as soon as we raise up more effective leaders; and every program has to be lay-led, and become self-sufficient, so that it can reproduce itself. This is a big part of the plan. [...] Alpha and Faith Studies are perhaps the best programs for parish spiritual growth in North America right now, and we have excellent leaders. Alpha's starting again on March 28, and our leaders in red are at the back of the church in case anyone has questions.

I'm inviting you to be a part of this plan, to grow spiritually and help others grow, because, as we've said many times before: If we're not growing, we're dying. Where can you grow in the Weekly Bread? Where can you grow in the Formation Loop?

When Peter let Jesus get into his boat, he had no idea it would lead to a miraculous catch of fish! And he had no idea it would lead him to become the first pope, and then to Rome, where he and the Church would change the world and become the sacrament of salvation for all peoples. It started with his "Yes," a courageous and generous "Yes," and it was all part of Jesus' plan.

- excerpt from Fr. Justin's homily, February 10, 2019

# Please support these advertisers; they support us.

**RUBEN LIGHTING & BUILDING MAINTENANCE**

*\*Quality, dependable service \* 100 % satisfaction guaranteed \* Licensed, bonded & insured \**

For your complete lighting, cleaning & building maintenance requirements, call Ruben at **(604)722-1269**

Welcome po ang mga Filipino!

**FORTUNE VISION CENTRE**

604-336-5000

- We carry wide selection of branded frames and sunglasses
- Direct billing for many private insurance plans.
- Independent Optometrist available for eye exams
- EYE EXAMINATION by appointment.

GUCCI PRADA VALENTINO KROGER BAKLEY TORY BURCH Ray-Ban D&G

8269 Granville Street, Vancouver, BC V6P 4Z6

**GRANVILLE DENTAL WELLNESS GROUP**

604-261-8164

8357 Granville Street, Vancouver, BC

SUPPORT THE ST. ANTHONY'S BUILDING FUND

Family Dentistry - Cosmetic Dentistry - Implant Dentistry - Children's Dentistry - Orthodontics - Wisdom Teeth - Dentures - St. Anthony's Parishioner Promotions

HAVE A NEW PATIENT EXAMINATION AND HYGIENE APPOINTMENT DONE AND HAVE \$50 DONATED TO ST. ANTHONY'S PARISH CENTRE FUND IN YOUR NAME!!

- Open weekday evenings and Saturdays
- Comfortable treatment in a modern facility
- Serving Marpole for over 25 years
- Dr. Gianni Pisanu, Owner and St. Anthony's Parishioner

**SHEILA CARROLL, BGS, MA ENGLISH TEACHER**

More than 20 years teaching the senior high school English curriculum; most recently grade 12: novels, poetry, short stories, and Shakespeare.

Available to tutor in my home near St. Anthony's where I am a parishioner (Marpole/one block east of Granville)

**604-261-1584 scarroll3@shaw.ca**

**RALPH CENIZA**

Realtor®  
Property Manager  
604.783.3675  
ralphrealty@gmail.com

**COLDWELL BANKER**

Premier Realty  
6272 East Boulevard,  
Vancouver, B.C. V6M 3V7  
Office: 604.266.1364  
Fax: 604.266.2466

**Sutton WestCoast Realty**  
7547 Cambie St  
Vancouver, BC V6P 3H6

For St. Anthony's Parishioners,

**I will donate 15% of my commission on your transaction to the St. Anthony's Parish Centre Fund.**

Let's support the parish through our business together.

www.MichaelDee.ca 604-767-1583 mdee@sutton.com

**MICHAEL DEE**

This communication is not intended to cause or induce breach of any existing agency agreement.

Licensed & Insured Communications Data / Voice Cabling

**Edmond Kung**  
Certified Electrician  
Red Seal # 74603

**NETek Technology Ltd.**

T: 604.210.9011  
A: Unit 113-2633 Viking Way  
Richmond BC V6X 3B6  
C: 604.788.6188  
E: edmond@netekcanada.com  
www.netekcanada.com

Electrical Security / Cameras Monitoring Access Controls

**THE CATHOLIC WOMEN'S LEAGUE**  
ST. ANTHONY OF PADUA PARISH

**SERVING WITH FAITH AND JOY**

We would like to invite the ladies of the parish to become members of the CWL. Meetings are normally held the 1<sup>st</sup> Saturday of the month at 10:00A.M. For more information, please email Ai-Lin aleng@shaw.ca

**Raincoast Funeral and Cremation Services Ltd.**  
Local, Independently Owned and Operated  
Compassionate Professional Affordable

Arrangements in your home or at our office:  
173-628 E. Kent Avenue South, Vancouver, BC

Call us 24 hours a day  
**604-326-1454**

info@raincoastfs.com Michelle J. Vizena  
www.raincoastfs.com Co-Owner  
Licensed Funeral Director  
Good Shepherd Parishioner

**KNIGHTS OF COLUMBUS**  
ST. ANTHONY OF PADUA COUNCIL 14925

*We are men of faith and men of action.*

FOR MORE INFORMATION, PLEASE EMAIL  
**Hadi Susanto, Grand Knight**  
cjsanto8i@yahoo.com

**Little Lamb**

Instagram: @littlelambcanada  
Email: littlelambcanada@gmail.com

Saint Dolls or Custom Dolls. Made to Order.

**LANGLEY GOLDKEY**

19545 Langley Bypass Surrey  
**604.534.7431**

**Audi Langley**

5955 Collection Dr Langley  
**604.539.0255**

**www.goldkey.ca**  
Sales. Service. Parts. Body Shop. Fleet and Lease.

**Advertising space available!**

\$30/month or \$300/year

Please contact the parish office for details.

Thank you to all our advertisers

**Vancouver's Family Funeral Home**

Serving Our Catholic Community Since 1908

T: 604-736-0268

**Hearney FUNERAL SERVICES**

450 West 2nd Avenue (at Cambie)

GARDENS OF **Yethsemani**

**Peace starts with an appointment**

604-531-2141 / rccav.org  
15694 32nd Avenue, Surrey, BC, V3Z 9V1

**Cedargreen Painting**

- Residential/ Commercial
- Interior/ Exterior
- Condo/ Townhouse Specials
- Free Estimates
- Clean Professional Service

**Call Joseph at 604.263.7502**