

# Saint Anthony of Padua Parish

With the Eucharist at the centre, we are a community desiring to be saints, sent out to love like Jesus and proclaim Him in every circumstance.

SECOND SUNDAY IN ORDINARY TIME

JANUARY 20, 2019

## Two ways to improve our relationship with God

Brothers and sisters, dear guests, do you have anyone spiritually mature like this in your life, not telling you what you want to hear, but what you need to hear? Many of you want and need spiritual direction. Unfortunately I can't do it anymore because I have to lead the parish. But today I'm going to give you some group spiritual direction based on the Gospel. By the way, every homily I give is like spiritual direction; I'm always trying to nourish your faith, challenge you and give you tools.



The Gospel starts out: "On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding" (Jn 2:1-2). Notice that the Gospel focuses on Mary first, and then adds that Jesus was "also" invited. What does this tell us? That spiritual friends are important, our mother Mary is one of the most important, and these friends bring us to Jesus!

"When the wine gave out, the mother of Jesus said to him, 'They have no wine'" (Jn 2:3). This is a big problem because weddings in the Holy Land at that time were celebrated for a week and the entire town took part; it wasn't just two people coming together, but two families, and wine was a necessary part. Notice that it's Mary who observes the problem. This tells us that she's often the one to notice our problems and then bring them to Jesus. "And Jesus said to her, 'Woman, what concern is that to you and to me? My hour has not yet come. His mother said to the servants, 'Do whatever he tells you'" (Jn 2:4-5). There's no ancient Near East text where a son calls his mother, "Woman." It's not rude; it's just not normal. Yet Jesus is doing so because Eve was the 'woman' who led Adam into sin, and now Mary is the new Eve, the new woman, leading Jesus to save us! Jesus wasn't going to initiate this miracle, but will at Mary's request (*Ignatius Catholic Study Bible*)!

She then tells the servants to obey and trust in Jesus. That's important, because what Jesus will do won't make sense to them: He tells them to fill the huge stone jars full of water, when they need wine. But because of their trust, a miracle happens (Daniel H. Mueggenborg, *Come Follow Me, Year C*): He changes water into wine; the wedding is saved, but, more importantly, it says His disciples believed in him ("Jesus did this, the first of his signs... and revealed his glory; and his disciples believe in him" (Jn 2:11)). So, here's the deal: God is attentive to our problems! For example, St. John Paul II, in his letter on suffering, said that God expects us to ask about suffering and listens to us (*Salvifici Doloris*). In



November, when we did the Marian consecration, the book we used said that this Gospel passage tells us that Jesus and Mary see what's burdening us (Fr. Edward Broom, O.M.V., *Total Consecration Through the Mysteries of the Rosary*). And it recommends that we tell them our problems—this is the spiritual tool God's giving us today.

Here are two ways to do it: Number one is what I call 'Holy

Complaining,' meaning that we tell God our problems like we would to any friend.

In 1996, seven Trappist monks were beheaded by Islamic terrorists in Algeria. Their last weeks were made into the fantastic movie *Of Gods and Men*. In the film, the town where they live is shaken when the extremists slash the throats of some foreign businessmen. At one point, the terrorists storm the monastery, but leave without harming anyone. But one priest, Fr. Christophe, is traumatized and can't sleep anymore; the slightest noise wakes him. At one point, he's on his bed praying, "Help me, help me. Don't abandon me! Don't abandon me, please! Help me!" waking up everyone in the monastery.

Holy complaining means telling God everything, holding nothing back. We're saying, "Here I am, with my anger, frustration, confusion, and the reason I'm complaining to You is because I love You and trust in You, and you're the only One who can solve this." Many psalms in the Bible classified as lamentations do this, and they never disrespect God but always end in hope. We shouldn't act like spoiled children who complain whenever things don't go the way they want—that's not mature. We will know our complaining is coming from love and trust when we pray at the end of every conversation, "Thy will be done."

Talk to Him using your own words, speak out loud (when no one is around, otherwise they'll think you're crazy). For those of us who are new to prayer as a conversation, it will feel at first as if we're talking to ourselves—deeper prayer often starts like that; this is something we all go through. Persevere through it! God is listening. Eventually, you will know He's listening.

Second, here's a picture of a kind of spiritual journaling. There are two columns: on the left, we write down what's bothering us, our temptations; on the right, we write down two things: the truth and the graces we're asking for. Journaling is helpful for many of us because it makes things more concrete, both what's bothering us and what Jesus is saying to us. [...] I wrote down the truths He was telling me and then the actions I was supposed to take.

...continued inside

**Pastor:** Fr. Justin Huang *Blog: thejustmeasure.ca*  
**Deacon:** Andrew Kung *deaconandrewrcav@gmail.com*  
**Priest in Residence:** Fr. Pierre Leblond *plb.op272@gmail.com*

Address: 8891 Montcalm St., Vancouver BC V6P 4R4  
 Mailing Address: 1345 West 73<sup>rd</sup> Ave., Van., BC V6P 3E9  
 Tel 604.266.6131  
 Hours Tuesday—Friday  
 9:00 am—12:00 noon  
 1:00 pm—3:00 pm  
 In case of emergencies,  
 please call the office anytime.  
 Web: *stanthonyvan.com*  
 Email: *office@stanthonysvancouver.org*

**Parish Registration**

Our parish family warmly welcomes new parishioners. Please register by filling out a registration form located in the vestibule or the Parish Office. If you are registered and moving, please advise the parish office.

**Sunday Masses**

Saturday 5:00 pm  
 Sunday 8:00 am, 10:00 am, 12:00 pm

**Weekday Masses**

Monday 8:15 am  
 Tuesday 7:30 pm  
 Wednesday-Friday 8:15 am  
 Saturday 9:00 am

**Confession**

Weekday 8:00 to 8:10 am *except Tuesday*  
 Saturday 9:45 am & 3:45 pm to 4:45 pm  
 1<sup>st</sup> Saturday each month 9:45 am to 1:00 pm;  
 1:30 pm to 4:30 pm;  
 7:00 pm to 9:45 pm

**Eucharistic Adoration** at 1365 West 73<sup>rd</sup> Avenue  
 Tuesday to Friday: 9:00 am to 10:00 pm in the chapel

First Friday of each month: 8:45 am to 10:00 am in the church followed by **Benediction**.  
 First Saturday of each month: 9:30 am to 9:30 pm in the church during all-day confessions.

**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Please call the parish office for more information on RCIA classes and other Sacraments.

**St. Anthony of Padua School**

Kindergarten to Grade 7  
 1370 West 73<sup>rd</sup> Avenue,  
 Vancouver, BC V6P 3E9  
 Principal: Michael Perry  
 Telephone: 604.261.4043  
 Website: *stanthonyofpaduaschool.ca*  
 School Email: *office@stanthonyofpaduaschool.ca*

**Weekday Masses & Intentions**

Day	Feast or Memorial	Missal Page	Intention
Monday, January 21	<i>Memorial</i> St. Agnes	448	Joselito Laguio
Tuesday, January 22	Ferial	450	Ng & Poon Families
Wednesday, January 23	Ferial	452	Irene Bowers †
Thursday, January 24	<i>Memorial</i> St. Francis De Sales	454	Gordon Tup Chong †
Friday, January 25	<i>Feast</i> Conversion of St. Paul	1390	Tyler Lee
Saturday, January 26	<i>Memorial</i> St. Timothy & St. Titus	1394	Stephen Scully

**Prayers for the Sick** At Holy Mass we remember the sick including: Nita Carvajal, Nung Chum, Isobel Clancy, Nick De Vos, Tamara Dixon, Elaine dos Remedios, Kathleen Francis, Teresa Gaio, Feli Hempl, Cecile Hernandez, Yvonne Kharoubeh, Molly Loui-Ying, Huguette Piché, Barney Rousseau, Therese Rozario, Christina Sayo, Filomena Sison, Liliana Taylor, Fernando Tiago, Theresa Yoshioka.

**Upcoming Homily Themes**



January 26 & 27  
*Guest Preacher: Fr. Nick Meisl*

February 2 & 3  
*Speaking the Truth in Love*



February 9 & 10  
*A Plan of Growth*

February 16 & 17  
*Guest Preacher: Deacon Felix Min*



February 23 & 24  
*How to Love Those Who Hurt Us*

# ANNOUNCEMENTS

## School Announcements

### Annual General Meeting

Church Hall  
Wednesday, January 30  
6:30 pm

### Grandparents' Tea

Church Hall  
Wednesday, February 13  
9:30 am

### ATTENTION PARISH SENIORS:

You are warmly invited to attend the annual Grandparents' Tea hosted by the school's Grades 3 & 6 classes. We hope to see you there!

## "Encountering Jesus, the Bread of Life"



with Fr. Nick Meisl

Sunday, January 27 &

Monday January 28

7:00 PM

St. Anthony of Padua Church

Please bring your Bible!

Fr. Nick Meisl is a priest of the Archdiocese of Vancouver. Recently, he finished his License from the Pontifical Biblical Institute. Currently, Fr. Nick teaches courses on the Bible at Corpus Christi and St. Mark's Colleges and is chaplain at St. Patrick's High School.

### The Abuse Crisis:

#### *A Survivor's Perspective - What Catholics Can Do?*

Please join us. A survivor will be present and will share their perspective, followed by an open discussion on

Wednesday, January 23rd, 7:30 pm, downstairs in the Church Hall. Everyone welcome.



A live-in weekend at **Seminary of Christ the King** in Mission will take place February 16 - 18. The weekend is for young men and boys who are interested in the priesthood or religious life. High school aged boys can pick-up an application from at the Welcome Booth or the Parish Office, or email

frpeterosb@gmail.com. Young men in Grade 12 and those who have graduated high school are asked to contact the Rector, 604.826.8715 or rector.majors@yahoo.ca. For more information, please visit [vocationsvancouver.ca/events/pray-and-play/](http://vocationsvancouver.ca/events/pray-and-play/).



### Faith Studies is back! *Note: Registration*

*deadline is Sunday, January 20.* The 14th round of Faith Studies will start up again, **Tuesday nights from January 29 to March 5.** All five levels of studies will be offered: **Discovery, Source,**

**Growth, Obedience and Commission.** NOTE: Limited spots are available in each of the levels. For more information or to register, call Angel José at the Parish Office, 604.266.6131 ext. 204 or email her at [stanthonyfaithstudies@gmail.com](mailto:stanthonyfaithstudies@gmail.com).

**Do you own Envelope # 7?** If so, the Parish Office would really like to hear from you! Please call 604.266.6131 between 9:00 am to 3:00 pm, Tuesday to Friday.

...continued from cover

St. Ignatius of Loyola says in the 13th Rule of Discernment that the devil likes to keep everything secret. But once we write them down, the temptation is exposed and we see clearly. For example, "I'm so mad." Write that down. Why? "This day's horrible." Keep on writing. "My wife and I got into an argument before I left for work." "She never listens." "This always happens." But then with more time in prayer, we write down, "I shouldn't have raised my voice." That one actually goes on the right side, because it's the truth. "I need to repent." "Grace: Jesus, give me the strength to apologize today." "I want to improve." "I wish I could be more like Fr. Justin. He's such a great guy."

Now where's the best place to do this? In front of the Eucharist. We've said before that God is present everywhere, but not to the same degree. God holds everything in existence, but He's more present in us than in inanimate objects, because we're made in His image. He's more present when Christians pray together because Jesus said, "Where two or three are gathered in my name, there I am in the midst of them" (Mt 18:20). And he's truly, really, substantially present in the Eucharist. E-mail, phone

and social media are ways to communicate, but the best way to have a conversation with someone is face-to-face. The best place to lament, hear the truth and ask for grace is in front of Jesus, sitting at His feet. [...]

In *Of Gods and Men*, after Fr. Christophe can't sleep, we see him kneeling down on the ground in front of the Eucharist, and then later he has a conversation with his superior about his fears. Towards the end of the movie, his heart changes, and rather than wanting to leave the monastery like before, he votes to stay and eventually die for Jesus. And then we see him on his bed again writing, physically drained but spiritually strong, saying quietly and with a gentle smile, "You. You envelop me, hold me, surround me. You embrace me. And I love You." He and his confreres were declared blessed on Dec. 8, recognizing that they're in heaven, they're saints, and we can pray to St. Christophe for help.

I hope we can all do some holy complaining and spiritual journaling, because God our Father wants to hear our problems and lead us to His solution.

- Excerpt from Fr. Justin's homily, January 20, 2019

# Please support these advertisers; they support us.



**RUBEN LIGHTING & BUILDING MAINTENANCE**  
 \*Quality, dependable service \* 100 % satisfaction guaranteed \* Licensed, bonded & insured \*  
 For your complete lighting, cleaning & building maintenance requirements,  
 call Ruben at **(604)722-1269**

Welcome po ang mga Filipino!  
**604-336-5000**  
**FORTUNE VISION CENTRE**  
 - We carry wide selection of branded frames and sunglasses  
 - Direct billing for many private insurance plans.  
 - Independent Optometrist available for eye exams  
 - EYE EXAMINATION by appointment.  
 8283 Granville Street, Vancouver, BC V6P 4Z6

**GRANVILLE DENTAL WELLNESS GROUP**  
 604-261-8164  
 8357 Granville Street, Vancouver, BC

SUPPORT THE ST. ANTHONY'S BUILDING FUND

Family Dentistry - Cosmetic Dentistry - Implant Dentistry - Children's Dentistry - Orthodontics - Wisdom Teeth - Dentures - St. Anthony's Parishioner Promotions

HAVE A NEW PATIENT EXAMINATION AND HYGIENE APPOINTMENT DONE AND HAVE \$50 DONATED TO ST. ANTHONY'S PARISH CENTRE FUND IN YOUR NAME!!

- Open weekday evenings and Saturdays
- Comfortable treatment in a modern facility
- Serving Marpole for over 25 years
- Dr. Gianni Pisanu, Owner and St. Anthony's Parishioner



**SHEILA CARROLL, BGS, MA ENGLISH TEACHER**  
 25+ years experience in complete elementary and high school English curriculum: essays, reports, poetry, novels, Shakespeare, projects.

Available to tutor in my home near St. Anthony's where I am a parishioner (Marpole/one block east of Granville)

**604-261-1584 scarroll3@shaw.ca**



**RALPH CENIZA**  
 Realtor®  
 Property Manager  
 604.783.3675  
 ralphrealty@gmail.com



Premier Realty  
 6272 East Boulevard,  
 Vancouver, B.C. V6M 3V7  
 Office: 604.266.1364  
 Fax: 604.266.2466




For St. Anthony's Parishioners,  
 I will donate 15% of my commission on your transaction to the St. Anthony's Parish Centre Fund.  
 Let's support the parish through our business together.

www.MichaelDee.ca 604-767-1583 mdee@sutton.com

**MICHAEL DEE**

This communication is not intended to cause or induce breach of any existing agency agreement.

Licensed & Insured    Communications    Data / Voice Cabling



**Edmond Kung**  
 Certified Electrician  
 Red Seal # 74603

T: 604.210.9011  
 A: Unit 113-2633 Viking Way  
 Richmond BC V6X 3B6  
 C: 604.788.6188  
 E: edmond@netekcanada.com  
 www.netekcanada.com

Electrical    Security / Cameras    Monitoring    Access Controls

**THE CATHOLIC WOMEN'S LEAGUE**  
 ST. ANTHONY OF PADUA PARISH



**SERVING WITH FAITH AND JOY**  
 We would like to invite the ladies of the parish to become members of the CWL. Meetings are normally held the 1<sup>st</sup> Saturday of the month at 10:00A.M. For more information, please email Ai-Lin aleng@shaw.ca



Raincoast Funeral and Cremation Services Ltd.  
 Local, Independently Owned and Operated  
 Compassionate — Professional — Affordable

Arrangements in your home  
 113-412 E. East Street, Vancouver, BC

Call us 24 hours a day  
**604-326-1454**

info@raincoastfr.com    Michelle J. Vitana  
 www.raincoastfr.com    Local Funeral Director




**KNIGHTS OF COLUMBUS**  
 ST. ANTHONY OF PADUA COUNCIL 14925

*We are men of faith and men of action.*

FOR MORE INFORMATION, PLEASE EMAIL  
 Hadi Susanto, Grand Knight  
 cjsanto8i@yahoo.com

**Advertising space available!**  
 \$30/month or \$300/year

*Please contact the parish office for details.*

*Thank you to all our advertisers*

**LANGLEY GOLDKEY**  

19545 Langley Bypass  
 Surrey  
**604.534.7431**

**www.goldkey.ca**  
 Sales. Service. Parts. Body Shop. Fleet and Lease.



**Audi Langley**

5955 Collection Dr  
 Langley  
**604.539.0255**

**Advertising space available!**  
 \$30/month or \$300/year

*Please contact the parish office for details.*

*Thank you to all our advertisers*

**Vancouver's Family Funeral Home**

Serving Our Catholic Community Since 1908  
 T: 604-736-0268



**Hearney FUNERAL SERVICES**  
 450 West 2nd Avenue (at Cambie)

GARDENS OF **Yehsemani**  Catholic Cemeteries Archdiocese of Vancouver

**Peace starts with an appointment**

604-531-2141 / rccav.org  
 15694 32nd Avenue,  
 Surrey, BC, V3Z 9V1




**Cedargreen Painting**

- Residential/ Commercial
- Interior/ Exterior
- Condo/ Townhouse Specials
- Free Estimates
- Clean Professional Service

**Call Joseph at 604.263.7502**